

PERRY COUNTY SENIOR CENTER - 4 N. SPRING, PERRYVILLE 547-2188
EPC SENIOR CENTER - 266 CHURCH ST, ALTENBURG 824-5827

MENU

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DECEMBER, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <div style="border: 2px solid red; border-radius: 50%; padding: 10px; margin: 10px auto; width: 80%;"> <p>Christmas Bazaar and Bake Sale Sunday, December 4th 11-3 pm Join us for an afternoon of shopping, fellowship and chili with all the fixin's for lunch! Donations of Christmas Items or Baked Goods Appreciated.</p> </div>			<p>1 Swiss Steak Parsley Potatoes Green Beans Wilted Lettuce Salad *Dinner Roll Baked Apples Pville: Ramona's Bingo at 10:30 am EPC: Chairside Exercise Class - 10:15 am</p>	<p>2 Herb Baked Fish or Ribs & Kraut Long Grain/Wild Rice ColeSlaw Pinto Beans Bread Fruit or Cookies CATFISH AT CENTER Pville: Christmas Bazaar Dec 4th EPC: Closed 2</p>
<p>5 Chicken & Dumplings Spinach Salad Corn *Dinner Roll Baked Apples Pville: Chairside Exercise Class -10:00 am</p>	<p>6 Glazed Ham Green Salad w/Veggies Macaroni & Cheese Black Eye Peas *WG Crackers Baked Pineapple Pville: Serenity Hospice Bingo at 10:30 EPC: Chairside Exercise Class - 10:15 am</p>	<p>7 Grace Foot Clinic & Bingo 10:30 Oven Fried or Fried Chicken Sugar Snap Pea Medley Beets *Dinner Roll Peaches or Brownie Pville: Chairside Exercise Class -10:00 am EPC: People's Bank Bingo at Noon</p>	<p>8 EPC FISH FRY TODAY! PhillyCheeseSteak Sloppy Joe *WG Bun Baked Wedges Vegetable Medley Fruit Salad Pville: Miracle Ear Bingo at 10:30 EPC: Fish Fry at EPC Center today! EPC: Chairside Exercise Class - 10:15 am</p>	<p>9 Chili or Catfish *Cheese Sandwich Corn Crackers Blushing Pears or Cake CATFISH AT CENTER EPC: Closed 3</p>
<p>12 Spaghetti w/Meatsauce Garden Salad w/Chickpeas Italian Veggies *WG Garlic Bread Mixed Fruit or Cookies Pville: Crown Hospice Bingo at 10:30 Pville: Chairside Exercise Class -10:00 am EPC: Library Bingo w/Kathy at Noon</p>	<p>13 Onion & Mushroom Steak Potatoes Winter Blend Veggies *Dinner Roll Cinnamon Applesauce EPC: Chairside Exercise Class - 10:15 am</p>	<p>14 Chicken Breast Patty on Bun Sweet Peas Glazed Carrots *WG Bun Peaches or Candy Bar Pville: Christmas Bingo at 10:30 am Pville: Chairside Exercise Class -10:00 am</p>	<p>15 BARNWELL BINGO AT 12:15 Pork Steak Sweet Potatoes Cauliflower w/Cheese Bread *Apple Crisp Pville: Tri-County Bingo at 10:30 EPC: Chairside Exercise Class - 10:15 am</p>	<p>16 Mitch & Friends Music Today! Fish Sandwich or BBQ Riblet Baked Beans Scalloped Potatoes *WG Bun Fresh Orange CATFISH AT CENTER Pville: Music and Dancing at 9:30 am EPC: Closed 4</p>
<p>19 Christmas Party at 10:30 am  Sliced Roast Beef Mashed Potatoes Green Beans Corn *WG Bread Fruit or Chocolate Cheesecake Pville: Chairside Exercise Class -10:00 am EPC: Crown Hospice Bingo at Noon</p>	<p>20 BANK OF MO BIRTHDAY DINNER Country Steak Mashed Potatoes California Blend Beets *WG Bread Tropical Fruit or Candy CAKE AND ICE CREAM AT CENTERS Pville: Diana's Bingo at 10:30 Pville: PCHD Blood Pressure 10 am EPC: Chairside Exercise Class - 10:15 am</p>	<p>21 EPC: Bob & Friends Music Today! Sliced Ham 4 Bean Casserole Seasoned Cabbage Stewed Tomatoes Cornbread & *WG Crackers Baked Apples Pville: Chairside Exercise Class -10:00 am EPC: Music & Dancing today!</p>	<p>22 Chicken Tenders Baked Wedges Lima Beans *WG Bread Pineapple Tidbits Pville: Tri-County Bingo at 10:30 EPC: Christmas Bingo at Noon EPC: Chairside Exercise Class - 10:15 am</p>	<p>23 Senior Centers Closed Today </p>
<p>26 Senior Centers Closed Today </p>	<p>27 Vegetable Beef Soup 1/2 Peanut Butter Sandwich Slaw Mozzarella Sticks *WG Crackers Applesauce or Cookies EPC: Chairside Exercise Class - 10:15 am</p>	<p>28 Chicken & Dumplings Corn Broccoli *WG Bread (2) Strawberries & Bananas Pville: Crown Cake Walk at Noon Pville: Chairside Exercise Class -10:00 am EPC: Linda's Bingo at Noon</p>	<p>29 Spaghetti & Meatballs Glazed Carrots Green Beans *WG Garlic Bread Pears or Dessert EPC: Pizza and New Year's Bingo EPC: Chairside Exercise Class - 10:15 am</p>	<p>30 Pville: New Years Eve Bingo at 10:30 Hamburger or Catfish Tator Tots Baked Beans *WG Bun Mandarin Orange Salad CATFISH AT CENTER EPC: Closed 1</p>